



MANINIS®

GLUTEN FREE

Bread Pasta
Reinvented



This is a baker's dream to find a multi-purpose gluten-free mix for their favorite recipes: Pizza Dough • Cinnamon Rolls • Pancakes • Waffles • Muffins • Scones • Cakes • Pie Crust • Sandwich Bread • Hot Dog Buns • Hamburger Buns • Tortillas • Bread Crumbs • Breading • Crackers • Croutons • Cookies.

For recipes: maninis.com

Certified



Gluten-Free®



- No beans or rice
- Versatile, multi-purpose mix ready for any of your favorite recipes
- Wheat-like taste and texture
- Knead-able qualities
- No bioengineering
- GFCO (US) Certified Gluten Free
- Each batch tested at less than 10ppm gluten
- Cholesterol and trans-fat free
- Native, minimally processed ancient grains
- Made in a dedicated facility free of gluten, wheat, dairy, eggs, peanuts, tree nuts, soy, fish, and shellfish

Nutrition Facts

Serving Size 40 grams (approx. 1.4 oz)

Amount Per Serving Dry Mix

Calories 144 Calories from Fat <9

% Daily Value*

Total Fat <1g **2%**

Saturated Fat <1g **5%**

Trans Fat 0g

Cholesterol 0mg **0%**

Sodium 210mg **9%**

Total Carbohydrate 33g **11%**

Dietary Fiber 2g **8%**

Sugars 3g

Protein 1.5g

Vitamin A 0% • Vitamin C 105%

Calcium 0% • Iron 3%

*Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower depending on your calorie needs:

		Calories: 2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carb		300g	375g
Dietary Fiber		25g	30g

Ingredients: Flour blend (organic millet, tapioca, teff, organic sorghum, organic amaranth), corn starch, organic cane sugar, GF xanthan gum, organic Atlantic sea salt, and ascorbic acid (Vitamin C). All ingredients are gluten free and no bioengineering has been used to produce this product.

Refrigerate or store in a dry, cool place.

SIZE	UPC
5 lb Bag (2,268g)	853254-00303-3
50 lb Bag (22,679g)	853254-00335-4

WWW.MANINIS.COM
(206) 686-4600